

Youth Sports

The purpose of the Youth Sports program is to provide an opportunity for all OCA students to play together as a team in accordance with the philosophy of the West YMCA's recreational youth sports program.

To put Christian principles into practice through programs that build a healthy body, mind, and spirit for all.



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Information and Registration forms
can be found in both:

News & Notes
www.omahachristianacademy.com
click the "Youth Sports" link

Youth Sports About Us

Welcome

Thank you for looking into the Youth Sports program. We offer every child an opportunity to be active and involved in sports within the West YMCA (Y) program. We work hard to coordinate OCA teams that play with Y teams. If there are not enough players to form an OCA team, we offer each player the option to play on a Y team at the discounted fee we have previously arranged.

Coaches

Every OCA team we put together must have a volunteer coach. If we can not field an OCA team but we have a coach, we can keep all our players together on a Y team. Without a coach there is no guarantee our OCA players will be on the same team for their grade level.

Thank you for volunteering; it's important.

Fee

Each year the YMCA gives us a set fee for each sport. This fee is more than a YMCA member price but lower than a YMCA non-member price. The advantage of signing up through Youth Sports is to guarantee the placement of your child with other OCA players (a volunteer coach required). If an OCA team can not be formed, you have the option to have your child play on the Y team at our reduced price.

Organization of Teams

We will first try to fill teams on each grade level to form an OCA team. If a team is full, we will try to form a second team. Or, if a team is not full, you will have the option of playing your child up a grade (to fill an OCA team) or to play on a Y team. We are first a sports program for OCA families who will always get first priority. But we also offer open registration to non-OCA families: neighbors, church friends, and homeschoolers, are all welcome to join our OCA teams.

Youth Sports Registration Information

Payment

Payment is expected in full at time of registration. Please make payment by check (made payable to "Youth Sports") or pay with cash. If payment is not made we can not hold your child's spot on an OCA team. If payment is a problem the YMCA has a program to help in this matter.

Each sport may have required gear that will need to be purchased separately. This information is located on each sport's registration form.

Play Time

Everyone will play at least one half of every game. There is an emphasis of participation, teamwork, and fair play. Winning is not emphasized at the recreational level but having fun is.

Practices

Practices may be held twice a week before the season begins. Practices will be held once a week after the season begins. Day, time, and location of practices are all at the discretion of each coach.

Registration

Registration dates will be published two weeks in advance of the registration-date in News and Notes. Registrations will be taken on a first come, first serve basis. Please notice all deadline dates posted within News & Notes, they will be strictly enforced. We offer all registration by mail; utilizing the post marked date.

Team T-Shirts or YMCA Sport Shirts

When playing on an OCA team, each player will need to purchase an OCA Youth Sports shirt. Once a shirt is purchased you can use it for all OCA team sports. If however, you choose to play on a YMCA team, (because an OCA could not be formed) you will be responsible to purchase a Y shirt at the West YMCA for each sport.

Youth Sports
Fall Season

Welcome

Thank you for the opportunity to serve the young athletes at Omaha Christian Academy (OCA). It is our goal to provide each OCA athlete an opportunity to build friendships through sports with Christian principles, and learn the basics of each sport. All specific information regarding each sport will be posted on our website or in *News & Notes*, as well as each registration form.

All registration forms and fee amounts will be posted in the News & Notes or on OCA's website. Sign-ups for each sport are by mail only.

Thank you for your interest in Youth Sports.

Fall Season

Sign-ups are held in late April; games begin in August.

Flag Football

Flag football teams are for the 5th and 6th grade level. These teams may be co-ed. Flag Football is played with 5 players on the field with a maximum of 10 players on a team.

Flag Football requires a mouth guard.

Soccer

Soccer is co-ed K-6. All games will be played at the West YMCA on Maple Street.

Soccer requires shin guards.

- K:** play 4vs4 (max 8) #3 ball
- 1:** play 5vs5 (max 10) #3 ball
- 2:** Play 6vs6 (max 12) #4 ball
- 3 & 4:** play 7vs7 (max 14) #4 ball
- 5 & 6:** play 9vs9 (max 18) #5 ball

Volleyball

All volleyball teams are co-ed for 5th & 6th grade. A regulation ball and 7' 4" net are used with 6 players on the court (30' x 70'); playing 6vs6.

Youth Sports
Winter, Spring, Summer—Seasons

Winter Season

Sign-ups are held in November; games begin in January.

Basketball

Girls will play on co-ed teams K-6; unless girls team only is specifically requested on the registration form. Co-ed games will be on Saturdays. All girl only teams play on Sundays.

Basketball requires basketball shoes.

- K:** mini-ball, 7' basket
- 1 & 2:** junior ball, 8' basket
- 3 & 4:** women's ball, 9' basket
- 5 & 6:** women's ball, 10' basket

Spring Season

Sign-ups are held in January; games begin in late March.

Soccer

Soccer is co-ed K-8. All games will be played at the West YMCA on Maple Street.

Soccer requires shin guards.

- K:** play 4vs4 (max 8) #3 ball
- 1:** play 5vs5 (max 10) #3 ball
- 2:** Play 6vs6 (max of 12) #4 ball
- 3 & 4:** play 7vs7 (max 14) #4 ball
- 5 - 8:** play 9vs9 (max 18) #5 ball

Summer Season

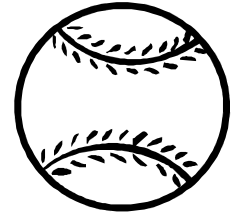
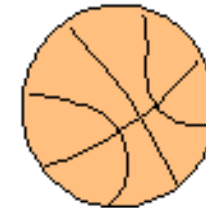
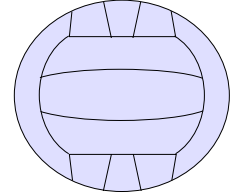
Sign-ups are held in late March; games begin in June.

Baseball/Softball

Baseball and Softball teams are provided hats, hard/soft balls, and catcher's equipment by the YMCA.

Baseball/Softball requires a glove; cleats are optional.

- K-2:** co-ed with coach pitch
 - 3 & 4 Boys:** uses a hard baseball with machine pitch
 - 5 & 6:** uses a hard baseball with player pitch
 - 3 - 8 Girls:** uses softballs
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Youth Sports

Collaborates with the West YMCA to provide seasonal sport opportunities for elementary and middle school students from Omaha Christian Academy and within our community.